

HERITAGE PARK CHILDREN'S PROGRAMS INC. SNACK/LUNCH MENU



2026-2027 SCHOOL YEAR
WEEK 1 STARTS SEPTEMBER 8

HERITAGE SITE

WEEK 1	MON	TUE	WED	THU	FRI
MORNING SNACK 6:30-8:30	CEREAL FRUIT MILK	YOGURT & GRANOLA FRUIT MILK	OATMEAL TT: CEREAL FRUIT MILK	PANCAKES FRUIT MILK	TOAST WITH JAM & WOW BUTTER FRUIT MILK
LUNCH 11:30-12:00	CHICKEN NOODLE SOUP & MEAT SANDWICHES FRUIT & MILK	CHEESE PEROGIES CORN FRUIT MILK	CHICKEN WRAP & CAESAR SALAD FRUIT MILK	KRAFT DINNER W/ WIENERS TT: BOLOGNA FRUIT & MILK	GROUND BEEF, TOMATO & RICE BAKE W/ CHEESE FRUIT & MILK
PM SNACK 3:00-3:30	GRAHAM WAFER OR ARROWROOT FRUIT MILK	TRAIL MIX FRUIT MILK	CHEESE, CRACKERS CUCUMBERS & PICKLES WATER	GRAHAM WAFER OR ARROWROOT BANANAS MILK	RICE CAKES W/ CREAM CHEESE FRUIT MILK
WEEK 2	MON	TUE	WED	THU	FRI
MORNING SNACK 6:30-8:30	CEREAL FRUIT MILK	YOGURT FRUIT MILK	ENGLISH MUFFINS W/ JAM & WOW BUTTER FRUIT & MILK	BAGELS W/ CREAM CHEESE FRUIT MILK	MUFFINS FRUIT MILK
LUNCH 11:30-12:00	PIZZA PASTA FRUIT MILK	CHICKEN NUGGETS SMILEY FACE POTATOES FRUIT & MILK	HONEY GARLIC MEATBALLS RICE & MIXED VEG. FRUIT & MILK	SPAGHETTI W/ MEAT SAUCE & CHEESE FRUIT & MILK	SAUSAGE MASHED POTATOES MIXED VEG. FRUIT & MILK
PM SNACK 3:00-3:30	NACHOS WITH SOUR CREAM & SALSA FRUIT JUICE	GOLDFISH CRACKER, GRAHAM WAFER OR ARROWROOT FRUIT & MILK	HARD BOILED EGGS, CUCUMBERS & DIP CRACKERS WATER	CORN BREAD FRUIT MILK	POPCORN & CHEESE FRUIT JUICE TT: POPCORN TWIST

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WEEK 3	MON	TUE	WED	THU	FRI
MORNING SNACK 6:30-8:30	APPLE SAUCE GRAHAM WAFERS OR ARROWROOT MILK	TOAST WITH JAM & WOW BUTTER FRUIT MILK	OATMEAL TT: CEREAL FRUIT MILK	PANCAKES FRUIT MILK	CEREAL FRUIT MILK
LUNCH 11:30-12:00	HOT DOGS FRUIT MILK TODDLERS: CHEESE QUESADILLA	MEATBALLS WITH GRAVY MASHED POTATOES MIXED VEG FRUIT & MILK	FISH STICKS TATER TOTS FRUIT MILK	LAZY LASAGNA FRUIT MILK	HONEY GARLIC CHICKEN RICE & CORN FRUIT & MILK
PM SNACK 3:00-3:30	TRAIL MIX FRUIT MILK	NACHOS, SOUR CREAM & SALSA FRUIT & JUICE	CHEESE, PICKLES, CUCUMBERS & DIP MILK	RICE KRISPIE CAKE FRUIT MILK	ENGLISH MUFFIN W/ JAM OR CHEESE SLICE FRUIT & MILK
WEEK 4	MON	TUE	WED	THU	FRI
MORNING SNACK 6:30-8:30	CEREAL FRUIT MILK	WAFFLES FRUIT MILK	MUFFINS FRUIT MILK	TOAST WITH JAM & WOW BUTTER FRUIT MILK	YOGURT FRUIT MILK
LUNCH 11:30-12:00	CHICKEN NOODLE SOUP W/ GRILLED CHEESE FRUIT & MILK	CHICKEN FINGERS MASHED POTATOES MIXED VEG FRUIT & MILK	PIZZA BUNS FRUIT MILK	TACO SALAD FRUIT MILK	CHICKEN ALFREDO PASTA W/ CHEESE FRUIT MILK
PM SNACK 3:00-3:30	FRUIT COCKTAIL CRACKERS MILK	CEREAL FRUIT MILK	VEGGIES W/ HUMMUS & CRACKERS MILK	BANANA BREAD FRUIT MILK	POPCORN CHEESE FRUIT & JUICE TT: POPCORN TWISTS