



# HERITAGE PARK CHILDRENS PROGRAMS INC.

WEEK 2 STARTS JUNE 29

Hello Summer!



## SUMMER SNACK MENU

WEEK 1	MON	TUE	WED	THU	FRI
MORNING SNACK 6:30-8:30	BAGEL (W/ CREAM CHEESE) APPLES & ORANGES MILK	SMOOTHIE ARROW ROOT WATER	CEREAL APPLE & ORANGES WATER	YOGURT W/ GRANOLA BANANAS WATER	TOAST W/ WOW BUTTER OR JAM APPLES & ORANGES MILK
PM SNACK 3:00-3:30	TRAIL MIX CARROTS MILK	CRACKERS & CHEESE VEGGIES & DIP MILK	PEACHES & MINI RICE CAKES MILK	PITA W/ HUMMUS APPLES & ORANGES MILK	ICE CREAM STRAWBERRIES WATER
WEEK 2	MON	TUE	WED	THU	FRI
MORNING SNACK 6:30-8:30	WAFFLES W/ SYRUP APPLES & ORANGES MILK	YOGURT W/ BERRIES WATER	SMOOTHIE ARROW ROOT WATER	TOAST W/ WOW BUTTER OR JAM BANANAS MILK	CEREAL APPLE & ORANGES WATER (MILK FOR INF/TOD)
PM SNACK 3:00-3:30	CEREAL APPLE & ORANGES WATER (MILK FOR INF/TOD)	VEGGIE STRAWS APPLE & ORANGES MILK	APPLE SAUCE GRAHAM CRACKERS MILK	CRACKERS & CHEESE VEGGIES & DIP MILK	ICE CREAM STRAWBERRIES WATER

