

# HERITAGE PARK CHILDREN'S PROGRAMS

## THE POND (Rm 5) INSERVICE SCHEDULE

6:30—7:00	Arrival and greeting in LEAP (Rm 9) / Free play (Snack is offered from 6:30—8:30)
7:00-7:30	Move from LEAP (Rm 9) to POND (Rm 5) / Free Play
7:30-9:00	Activity offered in Room / Free Play
9:00-10:00	Gym Activities / Activities Offered in Room / Free Play
10:00-11:15	Activities Offered in Room / Free Play
11:15-11:30	Bathroom / Clean up for Lunch
11:30—12:00	Lunch Offered
12:00-1:00	Outdoor (or Gym) Activity Offered for Everyone
1:00-3:00	Activity Offered in Room / Free Play
3:00-3:15	Bathroom / Clean up for Snack
3:15-3:45	Snack Offered
3:45-4:30	Outdoor Activities / Activity offered in Room / Free play
4:30-6:00	Departure from Pond (Rm 5) / Free Play

Children of all capabilities & levels of development are included  
and takes into account the developmental capabilities

