



# Junior Preschool Program

## The Panda's

### Daily Schedule

2022-2023

6:30-7:30	Centre opens/ Arrival in the Infant & Toddler room/ Free play
7:30	Move to Junior Preschool room
7:30-8:00	Bathroom as needed/Free Play
8:00-8:30	Snack
8:30-9:00	Activity Offered/ Free play
9:00-9:15	Clean Up/ Transition
9:15-10:15	Large motor/Outdoor play
10:15-11:00	Transition/Activity offered/Free play
11:00-11:30	Circle Time/Bathroom/Get ready for lunch
11:30-12:00	Lunch Time
12:00-12:45	Transition/Free Flow/Bathroom
12:45-2:45	Nap/ Quiet resting
2:45-3:00	Free Play/ Bathroom/Get ready for Snack
3:00-3:30	Snack Time
3:30-4:00	Transition/ Free play
4:00-4:45	Activity offered/ Free flow/Outdoor play/Large Muscle
4:45-5:30	Free Play/ Transition/ Bathroom as needed

Children of all capabilities and levels of development are included

[www.HeritageParkChildrensPrograms.com](http://www.HeritageParkChildrensPrograms.com)

