

HERITAGE PARK CHILDREN'S PROGRAMS INC. SNACK MENU

SEPT 2026 - JUNE 2027
WEEK 1 STARTS AUGUST 31ST



JAMESWOOD SITE

WEEK 1	MON	TUE	WED	THU	FRI
MORNING SNACK 8:00-8:30	BAGEL W/ CREAM CHEESE APPLES & ORANGES MILK	GRAHAM CRACKERS W/ APPLE SAUCE MILK	CEREAL APPLES & ORANGES WATER (INF/TODD: MILK)	YOGURT GRANOLA APPLES & ORANGES WATER	TOAST W/ WOW BUTTER OR JAM BANANAS MILK
PM SNACK 3:00-3:30	TRAIL MIX CARROTS MILK	CRACKERS W/ CHEESE VEGGIES & DIP MILK	MUFFINS APPLES & ORANGES MILK	PITA W/ HUMMUS STRAWBERRIES MILK	CEREAL APPLES & ORANGES WATER (INF/TODD: MILK)
WEEK 2	MON	TUE	WED	THU	FRI
MORNING SNACK 8:00-8:30	WAFFLES W/ SYRUP APPLES & ORANGES MILK	TOAST W/ WOW BUTTER OR JAM APPLES & ORANGES MILK	SMOOTHIE ARROWROOT WATER	BAGEL W/ WOW BUTTER OR JAM STRAWBERRIES MILK	CEREAL BANANAS WATER (INF/TODD: MILK)
PM SNACK 3:00-3:30	CEREAL APPLES & ORANGES WATER (INF/TODD: MILK)	VEGGIE STRAWS CUCUMBERS MILK	PEACHES & MINI RICE CAKES MILK	CRACKERS W/ CHEESE VEGGIES & DIP MILK	YOGURT W/ BERRIES WATER