

HERITAGE PARK CHILDREN'S PROGRAM'S INC. 2023-2024

PRE-SCHOOL DAILY SCHEDULE

7:00-8:40	Arrival & Free Play
8:40-8:45	Clean Up
8:45-9:15	Circle Time
9:15-10:00	Art Activity, Free Play Involving All Centers
10:00-10:15	Clean up, Story Time & Bathroom Routine, Get Dressed for Outdoor Play
10:15-10:50	Outdoor Play
10:50-11:30	Wash Hands & Eat Lunch
11:30-12:25	Free Play, Group game or Science Activity
12:25-12:40	Clean up, Story Time, Set up Mats & Bathroom Routine
12:40-1:15	Nap Time & Quiet Time
1:15-2:40	Quiet Play (Puzzles, Manipulatives, Books) (2pm—Nappers Wake up)
2:40-3:00	Wash Hands & Snack Time
3:00-3:45	Bathroom Routine & Outdoor Routine
3:45-5:00	Art Activity, Free Play Involving All Centers
5:00-6:00	Stories, Puzzles, Games & Books

*Children of all capabilities & levels of development are included and
takes into account the developmental capabilities*