



Family Fun In the Kitchen



Fall Play Dough Recipes

1 cup flour
 1/2 cup salt
 2 tsp cream of tartar
 1 tablespoon oil
 1 cup water

Pumpkin Add 1 tsp. pumpkin pie spice extract, orange food coloring, and 2 tsp. cinnamon	Maple Add 2 tsp maple extract and brown food coloring for maple brown by mixing red and green	Apple Cinnamon Add 2 tsp cinnamon and red food coloring. For extra cinnamon scent, add drops of essential cinnamon oil	Vanilla Add 1 tsp. pure vanilla extract
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Children that get involved in the kitchen develop fine motor skills, hand/eye coordination and early concepts of math and science.



Apple Volcanoes



Erupting Apple-Cano

Ingredients:
 Apples
 baking soda
 vinegar

Instructions:

1. Core out apple
2. Place 2 tbs of baking soda in apple
3. add vinegar and quickly place the core back in apple.
4. Watch the apple core pop!

