

HERITAGE PARK CHILDREN'S PROGRAMS INC.

2026-2027 YEAR - JAMESWOOD SITE

JR. PRESCHOOL PROGRAM DAILY SCHEDULE

6:30-7:30	Center Opens / Arrival in Infant & Toddler Room / Free Play
7:30	Move to Jr. Preschool Room
7:30-8:00	Bathroom as needed / Free Play
8:00-8:30	Snack Time
8:30-9:15	Activity Offered / Free Play / Clean up / Transition
9:15-10:15	Outdoor Play (Weather Permitting) / Large Motor Activity
10:15-10:50	Transition / Activity Offered / Free Play
10:50-11:15	Circle Time / Bathroom / Get Read for Lunch
11:15-12:00	Lunch Time
12:00-12:45	Transition / Free Flow / Bathroom / Free Play
12:45-2:45	Nap / Quiet Resting
2:45-3:00	Free Play / Bathroom / Get Ready for a Snack Time
3:00-3:30	Snack Time
3:30-4:00	Transition / Free Play
4:00-4:45	Activity Offered / Free Flow / Outdoor Play (Weather Permitting) / Large Motor Activity
4:45-5:30	Transition / Free Play / Bathroom / Departure

Children of all capabilities & levels of development are included and take into account the developmental capabilities

